

# **TRANSPORTATION NETWORK DIRECTORY** FOR PEOPLE WITH DISABILITIES AND ADULTS 50+ **MONTGOMERY COUNTY, MARYLAND**

### **GROCERY SHOPPING TRANSPORTATION**

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This is a project of the Montgomery County Commission on People with Disabilities.

To submit an update, add or remove a listing, or request an alternative format, please email MCCPWD@montgomerycountymd.gov.

* Providers with an asterisk provide assistance during grocery shopping. *
City of Rockville The City of Rockville provides grocery shopping transportation to residents 60+ who live in the city limits of Rockville. Transportation is provided to Giant grocery stores. Call for reservations and area pickup and drop off locations.
Gaithersburg Help Transportation provided free of charge for the elderly, disabled or those otherwise unable to take public transportation. Must be a resident of Gaithersburg. Service area includes all of zip codes 20877, 20878, 20879, 20880, and 20886, plus parts of: 20850 (west of Shady Grove Rd and north of Piney Meetinghouse Rd) 20855 (west of Redland Rd/Muncaster Rd) 20882 (south of Brink Rd and west of Olney-Laytonsville Rd). Appointment must be within 20 miles driving distance of downtown Gaithersburg. Requests must be made at least 48 hours (2 business days) in advance. Can provide up to 18 rides per calendar year. Office Hours: 8:00 a.m. to 5:00 p.m.  301-216-2510 (V), Option #2 www.gaithersburghelp.org/get-help/transportation/
* JCA Escorted Transportation Program Subsidized, low-cost escorted transportation to medical appointments, pharmacies, grocery stores or other outings for qualified low-income Montgomery County residents age 50+. Transportation providers are relatives friends of the customer, designated licensed private driving organizations, local cab companies, and volunteers If the customer recruits his/her own driver, the driver will be reimbursed for mileage. Each customer may take use to three trips per month with a maximum of 32 trips per year. Round trips may be three hours or less.  240-395-0915 (V)
https://accessica.org/escorted-transportation/ • Fmail: escorted transport@accessica.org

### **Olney Home for Life**

Volunteer drivers provide free escorted transportation for medical appointments, shopping, and other needs to people age 60+ living in Olney, Ashton, Brookeville and Sandy Spring (20832, 20833, 20860, 20861). Also serve those outside the service area who need transportation to MedStar Montgomery's Cancer Center.

www.olneyhomeforlife.org • Email: coordinator@olneyhomeforlife.org

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Regency Taxi  Offer free rides for Montgomery County residents age 70+. Rides must be within a ten mile radius of pick-up location. Riders must provide proof of age. To reserve a ride, call between 7:00 a.m. and 3:00 p.m. Free trips are capped at a maximum of 100 per month for entire program.  301-990-9000 (V)
www.regencytaxi.com • Email: info@regencytaxi.com
Senior Connection  Uses a network of volunteer drivers to provide free, escorted transportation to County residents age 60+. Provide up to six escorted roundtrips per month, per client to a pre-scheduled appointment. Acceptable appointments include: medical appointment or follow up visits; pharmacy for medication; activities and social events; religious observations; trips to the bank or post office; stores for grocery or other shopping; or other appointments.  Requests must be made at least 2 to 3 weeks in advance. Accept requests up to two months in advance. Unable to serve people who use wheelchairs. Office Hours: Monday through Friday, 10:00 a.m. to 4:00 p.m.  301-962-0820 (V)  www.seniorconnectionmc.org/our-programs/senior-rides/  • Email: info@seniorconnectionmc.org
Senior Transportation Service, LLC Assisted transportation service to medical appointments, hair appointments, restaurants, theatre, airports, train stations, and more. Also provide quick trip service for errands and out-of-state trips. Serve MD, VA and DC.  240-855-6355 (V)  www.seniortransportationservice.com • Email: srtrsv@gmail.com
Transcend Services, Inc. Assisted transportation for doctor visits, hospital visits, physical and occupational therapy, dialysis, special events, group trips, airport pick-up and delivery, family functions, and assisted transportation. Sedans, minivans and custom wheelchair vans.  410-526-4949 (V)
www.transcendservice.com/transportation-services.cfm • Email: info@transcendservice.com
Western Upper Montgomery County (WUMCO) Help Medical and social transportation provided by volunteers. For Poolesville, Barnesville, Beallsville, Boyds, Dickerson and surrounding areas.

www.wumcohelp.org • Email: info@wumcohelp.org

## **Deliveries Only**

### **Food Lion**

Grocery shopping and delivery. Order online or via their mobile application. Delivery fees.

https://shop.foodlion.com/

#### Giant

Grocery shopping and delivery. Order online or via their mobile application. Delivery fees.

www.giantfood.com

Instacart
Grocery delivery service that connects the user with personal shoppers in their area who pick up and deliver groceries from local stores. Register and order online or via their mobile application. Delivery fees.

1-888-246-7822 (Toll Free)

www.instacart.com

Safeway

Grocery shopping and delivery. Order online or via their mobile application. Delivery fees.

1-877-505-4040 (Toll Free)

www.safeway.com/lp/delivery-by-safeway.html

Wegmans

Grocery shopping and delivery. Delivery fees.

1-800-934-6267 (Toll Free)

https://shop.wegmans.com/shop/categories

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